

CRF – EPDS		
No.	Question	Response
001	Enter today's date:	<p> _ _ / _ _ / _ _ _ _ D D / M M / Y Y Y Y </p>
<p>Read the following aloud to participants as well as each question that is part of the EPDS.</p> <p>“We would like to know how you are feeling. Please select the answer that comes closest to how you have felt IN THE PAST 7 DAYS, not just how you feel today.”</p>		
002	I have been able to laugh and see the funny side of things.	<p>0 = As much as I always could</p> <p>1 = Not quite so much now</p> <p>2 = Definitely not so much now</p> <p>3 = Not at all</p>
003	I have looked forward with enjoyment to things.	<p>0 = As much as I always could</p> <p>1 = Not quite so much now</p> <p>2 = Definitely not so much now</p> <p>3 = Not at all</p>
004	I have blamed myself unnecessarily when things went wrong.	<p>3 = Yes, most of the time</p> <p>2 = Yes, some of the time</p> <p>1 = Not very often</p> <p>0 = No, never</p>
005	I have been anxious or worried for no good reason	<p>0 = No, not at all</p> <p>1 = Hardly ever</p> <p>2 = Yes, sometimes</p> <p>3 = Yes, very often</p>

006	I have felt scared or panicky for no very good reason	<p>3 = Yes, quite a lot</p> <p>2 = Yes, sometimes</p> <p>1 = No, not much</p> <p>0 = No, not at all</p>
007	Things have been getting on top of me.	<p>3 = Yes, most of the time I haven't been able to cope at all</p> <p>2 = Yes, sometimes I haven't been coping as well as usual</p> <p>1 = No, most of the time I have coped quite well</p> <p>0 = No, I have been coping as well as ever</p>
008	I have been so unhappy that I have had difficulty sleeping.	<p>3 = Yes, most of the time</p> <p>2 = Yes, some of the time</p> <p>1 = Not very often</p> <p>0 = No, never</p>
009	I have felt sad or miserable.	<p>3 = Yes, most of the time</p> <p>2 = Yes, quite often</p> <p>1 = Not very often</p> <p>0 = No, not at all</p>
010	I have been so unhappy that I have been crying.	<p>3 = Yes, most of the time</p> <p>2 = Yes, quite often</p> <p>1 = Only occasionally</p> <p>0 = No, never</p>
011	The thought of harming myself has occurred to me.	<p>3 = Yes, quite often</p> <p>2 = Sometimes</p> <p>1 = Hardly ever</p> <p>0 = Never</p>

1 Source: Cox, J.L., Holden, J.M., and Sagovsky, R. 1987. Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. British Journal of Psychiatry 150:782-786		
2 Source: K. L. Wisner, B. L. Parry, C. M. Piontek, Postpartum Depression N Engl J Med vol. 347, No 3, July 18, 2002, 194-199		
012	EPDS Score:	Total the score (sum across all questions)
013	Following completion of this questionnaire, was the mother subsequently referred for further evaluation and/or management?	0 = No 1 = Yes
014	CRF Notes	